

Invocation to Patanjali

Yogena cittasya padena vacam
(yo-**gay**-nuh chi-**tah**-syuh pah-**day**-nuh vah-**chahm**)

Malam sarirasyaca vaidyakena
(mah-**lahm** shah-**ree**-rah-syuh chuh **vy**-dyuh-**kay**-nuh)

Yopakarottam pravaram muninam
(yo-**pah** kar-oh-**tahm** prah-vah-**rahm** moo-**nee**-nahm)

Patanjalim pranjaliranato'smi
(pah-**tahn**-jah-lim **prahn**-jah-leer **ah**-nah-**to**-smee)

Abahu purusakaram
(**ah**-bah-**hoo** poo-roo-**shah**-kar-ahm)

Sankha cakrasi dharinam
(**shahn**-kah chah-**krah**-see **dar**-ee-nahm)

Sahasra sirasam svetam
(sha-**hah**-srah sheer-**ah**-sahm **shvay**-tahm)

Pranamami Patanjali
(**prah**-nuh-mah-**mee** pah-**tahn**-jah-lim)

Hari Aum

Translation from *Light on the Yoga Sutras of Patanjali* by B.K.S. Iyengar:

Let us bow before the noblest of sages, Patanjali, who gave yoga for serenity and sanctity of mind, grammar for clarity and purity of speech, and medicine for perfection of health. Let us prostrate before Patanjali, an incarnation of Adisesa, whose upper body has a human form, whose arms hold a conch and a disc, and who is crowned by a thousand-headed cobra.